What kind of Results have been achieved?

MyndMove is at the culmination of over a decade of laboratory and clinical research led by Dr. Milos Popvic, University of Toronto, and TRI-UHN.

Clinical studies have shown that an intensive course of therapy, over 8–12 weeks demonstrated significant and permanent improvement in controlled arm function.

<table>
<thead>
<tr>
<th>Self Care/ FIM Range</th>
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<th>MyndMove (n=10) Before</th>
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Patients who have undergone Functional Electrical Stimulation (FES) therapy score higher on a self care Functional Independence Measure (FIM) range compared to a control group that received conventional rehabilitation therapy.

How do I get the Treatment?

MyndMove is delivered by specially trained and certified Physiotherapists and Occupational Therapists at accredited rehabilitation clinics.

For a current list of MyndMove Therapy centres, please contact us or consult your health care provider.

MyndMove received Health Canada Approval in 2014.
Who can benefit?

MyndMove is the first therapy to significantly improve lasting voluntary arm and hand function to maximize independence, and enhance quality of life. Patients that are medically stable and able to actively participate in and communicate with a therapist during treatment can benefit from MyndMove therapy.

How does the MyndMove Therapy work?

MyndMove combines 3 elements to improve hand and arm function in patients:

- Patient actively attempts the desired movements
- Therapist guides the timing and quality of movements
- MyndMove device delivers Functional Electrical Stimulation

Therapists work with patients to practice movements involved in normal activities of daily living, such as feeding or dressing oneself. As the patient attempts a movement, their therapist triggers the MyndMove device which stimulates the muscles involved. A new pathway for the intended movement is established allowing patients to independently control voluntary movement.

Gains in voluntary movement are retained and strengthened through repetition during therapy and daily use of the arm and hand.

What to expect

Patients enroll in MyndMove therapy by subscribing to a minimum of 20 therapy sessions. During each session, a specially trained physiotherapist or occupational therapist will lead the patient through a number of stimulation protocols, each designed to produce a different purposeful movement.

During each session patients can expect:
- Electrodes to be placed on the skin over the muscles to be stimulated
- To feel a mild tingling sensation while the device electrically stimulates the muscles
- To be asked to actively envision and attempt the desired movement

MyndMove is a non-invasive therapy that uses surface electrical stimulation.
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2233 Argentia Road, Suite 307, Mississauga, ON • L5N 2X7
905-363-0571 • MyndTec.com
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Patients suffering from paralysis due to Stoke or SCI benefit from MyndMove therapy.

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